

**Everyone at Redwood Middle School is committed to making our school a safe and caring place for all students and staff. We will treat each other with respect and we will refuse to tolerate bullying in ANY form at our school.**

## **Our school defines bullying as follows:**

**A person is being bullied or victimized when he or she feels he/she is exposed, repeatedly, over time, to negative actions on the part of one or more students. Examples of bullying include:**

- **Hurting someone physically by hitting, kicking, tripping, pushing, throwing things and so on.**
- **Stealing or damaging another person's things.**
- **Ganging up on someone.**
- **Teasing someone in a hurtful (or perceived to be hurtful) way.**
- **Using put-downs, either written or verbal, such as insulting someone's race, religion, traditions and customs, or making fun of someone for their gender or sexual orientation, including the use of slam or burn books.**
- **Using intimidating words, looks or gestures.**
- **Spreading rumors about someone.**
- **Leaving someone out on purpose or trying to get other people to ignore/exclude someone.**

**As a student at Redwood Middle School I will do the following things to prevent bullying:**

- **Treat all others respectfully.**
- **Refuse to bully others.**
- **Stand up for someone who is being bullied.**
- **Refuse to stand by, laugh, or join in when someone is being bullied.**
- **Try to include everyone in play and conversation, especially those who are left out.**
- **Report all incidences of bullying to a trusted adult on campus.**
- **Resolve peer conflicts peacefully without resorting to harm (either physical or emotional).**
- **Seek the assistance of an adult (counselor, teacher, or administrator) when help is needed to resolve peer conflicts.**